

## **SECTION .1500 – COMPANION, SITTER, AND RESPITE SERVICES**

### **10A NCAC 13J .1501 DEFINITIONS**

The following definitions shall apply throughout this Section:

- (1) "Companion, sitter, or respite services personnel" means an individual as used in G.S. 131E-136, who spends time with or provides non-hands-on care services for clients.
- (2) "Non-Hands-on Care Services" means basic home management tasks, shopping, meal preparation, transportation, companion services, socialization, medication reminders, and other services that do not require the service provider to use "hands-on care" as defined in Rule .0901 of this Subchapter and which do not require training or verification of skills by a Registered Nurse.
- (3) "Respite Care" means planned or emergency care provided to an individual in order to provide temporary relief to the family caregiver.

*History Note: Authority G.S. 131E-140;  
Eff. January 1, 2010;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. June 25, 2016.*